



*Spring
2018
Brochure*

*April,
May,
June*

Institute for Spiritual Development

*"A Church & Holistic Center
For Metaphysical Living"*

**15 Sparta Avenue, Sparta, NJ
(973) 551-5300*
www.isdsparta.org**

Services

You are invited to join us each Sunday morning
at 10:30 am in a Service of Celebration.

The service are centered on God's
most precious gifts to us
and our greatest gifts to one another
– Love and Understanding.

We invite you to take the opportunity to express and
experience a sense of the Infinite Presence within yourself
in an atmosphere of love, friendship,
understanding, and support.

National Headquarters

Institute for Spiritual Development

5611 NE 16th Ave.,
Fort Lauderdale, Florida 33338
Reverend James De Biasio, Spiritual Advisor
954-229-0758

Other Institute for Development Locations

5419 Sherier Place NW,
Washington, DC 20016
Reverend Sue Landon, Director
202-363-7106

170 Main Street, (Masonic Lodge #93)
Madison, NJ 07940
Reverend Diana Flanagan, Director
Reverend Ray Brennan
973-437-4370

41-45 Dietz St., Suite#1
Oneonta, NY
Reverends Diana Friedell and Sue Langdon, Directors
(607) 386-0849

About the Institute

The Institute is a non-profit organization, dedicated to the service of your growing awareness and to fostering an environment in which each individual may be stimulated to pursue his or her own true spiritual unfoldment, uninhibited by dogmatic concerns. To arouse a process of joyous living, creative genius, cooperation, health, prosperity, and universal service is to arouse the spiritual heart of the organization.

Believing that the search for your truth embodies a personal examination of all philosophies and religions, the Institute Experience seeks to provide the focal point for that search and a nurturing environment in which the evolution of your spiritual progression may be realized.

Offering a wide variety of growth experiences, the Institute and its well-trained professional staff provide the fulcrum where each may endeavor to explore and express the Truth as he or she understands it. The on-going and comprehensive series of study and development experiences in esoteric, metaphysical, occult, healing and personal growth are augmented by the spiritual fellowship, guidance and shared experiences which are available.

Needing only an openness to Truth, the seeker is then encouraged to pursue the expansion of awareness of his or her inner self through service, and to unfold in the arms of love the potential for perfection that lies awaiting within.

A Church for Metaphysical Living, the Institute seeks to provide a common ground in which souls passionate to grow may resolve the differences of mind and experience which appear to separate us and grow by sharing, in joy as well as in pain. The Institute is a shelter to nurture the best that is within us, a proving ground of our resolve, a place of peace, and hope, and light, and comfort, of work, of rest, of spiritual growth, of enlightenment.

Thus, with love do we greet you, and with hope do we grow with you . . . not by the efforts of one or a few, but by the energy of all.

*Reverend James E. De Biasio,
Spiritual Advisor*

*Institute For Spiritual Development - Sparta
Director and Spiritual Advisor, Kathy Kerston*



Workshop



THE *68* SECOND KEY To Manifestation

Based on a statement by Abraham (Esther Hicks)

Sunday, April 8, at 1:00 PM

Instructor: Rev. Kathy Kerston

Abraham explains through *Esther Hicks* how to utilize 68 seconds of pure thought (not contradicted) to manifest your dreams using the law of attraction. The first 17 seconds equal 2000 action hours, and the next 17 seconds are 10 times the action energy of the first 17 seconds.

With each 17 seconds the action consequences catapult.

It is not what you think. Come to this half-day workshop, experience this powerful tool, and make it a habit.

Fee: Members \$60
Non-members \$80

Pendulum Workshop Sunday, April 15, after service

Instructor: Juan Villagran



Everyone can benefit from knowing what lies ahead. Using the pendulum for divination is one of the easiest ways to get answers from your higher self because pendulum divination is a connection with the universal energy. In the past, the pendulum was often used to locate underground source water, minerals and lost objects, but the pendulum can also be utilized to diagnosis illness, predict the weather, guess the lottery or

obtain answers to large range of questions. In today's world, it is comforting to know that you can rely on a divination system with confidence, whether for personal guidance, business advice, or assisting others. Join us for this half-day workshop to learn how to utilize the pendulum to your greatest advantage!

Fee: Members \$60
Non-members \$80

Special Events

ISD MOVIES

"The Seventh Sign"

Saturday, April 7, at 6:00 PM

Facilitator: Vincent Pellegrino

APOCALYPSE? Can Human beings have an influence on the outcome of events? Flash-backs to Roman times, Hebrew code letters with their wax seals and dreaded events that follow every time-line one is opened. Hail, earthquakes, bloody rivers, and a frozen desert.

Actress Demi Moore gives a strong performance in this controversial scenario. Sanctuary doors open at 5:30 and movie starts promptly at 6:00. Kindly join us after the movie for a Q&A discussion.

Fee: A love donation

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"Heaven Can Wait"

Saturday, May 5, at 6:00 PM

Facilitator: Vincent Pellegrino

In this romantic comedy, actor Warren Beatty portrays a football quarterback who is accidentally summoned to heaven by an overly zealous escort. He returns to earth in the body of another man who must escape attempts on his life. Sanctuary doors open at 5:30 and movie starts promptly at 6:00. Kindly join us after the movie for a Q&A discussion.

Fee: A love donation to ISD

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"e-motion"

Sunday, June 3, after service and refreshments

Facilitator: Vincent Pellegrino

Imagine a world where trapped emotions, fears, anxieties and unprocessed life experiences we hold in our bodies are the source of everything that ails us. That's the world we seem to live in. Now imagine a world where everyone is manifesting from their heart the perfect creation that's inside each of us. Experts from around the world share their wisdom. Sanctuary doors open at 12:30 PM and movie starts promptly at 1:00. Kindly join us after the movie for a Q&A discussion.

Fee: A love donation to ISD

Special Events

Book Signing

I'LL TAKE HYPNOSIS WITH A SIDE OF MEDIUMSHIP: A JOURNEY FROM ATHEISM to SPIRITUALITY

Sunday, April 29, at 1:00

Author Garry Gewant

Having recently retired after 27 years as a special education high school teacher, Garry Gewant has written his autobiography and is presenting a different type of book signing at ISD. In addition to a discussion of his book and an account of how he went from being a hard core cynic to a spiritual medium, Garry will discuss hypnosis and its therapeutic uses—including past life regression, smoking cessation, weight and stress management, elimi-

nation of fears and phobias, improving athletic and artistic performance, and more. Garry will demonstrate group hypnosis for any participant who is curious about how it feels to be hypnotized.

Garry has been a member of the ISD family since 2003 when he came to his first psychic development class, which he has also written about in his book.

More-Than-Psychic Fairs

Fridays, April 27, May 25 and June 29

7:00 PM—10:00 PM

Mediumship – Psychic – Tarot

Whatever your preference – we have talented mediums, psychics, and tarot readers available on these evenings. Or get readings in more than one discipline! The fee for each fifteen minute reading is **\$20.00 for members** and **\$25.00 for non-members**.

Final appointment bookings are for 9:30 PM.

(All readings are for your entertainment only.)

Special Events

Messages from Loved Ones in Spirit *An Evidential Mediumship Gallery*

With Special Guests:

**Rev. Susan Cahill, Elizabeth Fracalossi,
Jill Patricia, Dawn Pfeufer, and Frank Steyh**

Friday, May 11 at 7:30 PM

Enjoy an “Evening of Reunion and Communion” with loved ones in Spirit as Susan, Elizabeth, Jill, Dawn and Frank join many present with family and friends in the Spirit World. These five gifted mediums will bring specific and accurate information about people in Spirit, touching shared memories and bringing messages of love from the Spirit World.

This evening, filled with love, understanding, joy and humor, is certain to warm the hearts of those present with the knowledge that those we have cared about are just a thought and a breath away.

A Brief Introduction to the Mediums

Dawn Pfeufer is an evidential medium and a very talented Spirit artist, who has just returned from an intensive three weeks of study at the prestigious Arthur Findlay College in Stansted, England.

Elizabeth Fracalossi had a career with the NYPD and then sang with the Hudson Valley Opera Theatre. Elizabeth does private readings, phone readings and platform mediumship.

Jill Patricia is a psychic medium, who works with support groups and families throughout the country to offer spiritual counseling. Jill is a Reiki healer, a certified hypno-counselor and a practitioner of aspects of the Emotion Code and EFT.

Frank Steyh is an evidential spiritual medium, psychic and healer. He demonstrates gallery-style as well as working one-on-one with individual clients.

Rev. Susan Cahill is a retired secondary educator and a minister at The Institute for Spiritual Development in Sparta. She is an evidential medium, a teacher and an ISD healer.

It is our Joy to serve Spirit!

Special Events



Summer Solstice Ceremony Thursday, June 21 at 7:30 PM

Leader: Rev. Thony Innocent

The Summer Solstice is a time of light and fire. It is a time to reflect upon the growth of the season, the seeds that are planted in the earth, and the seeds that our planted in our souls. At this highly spiritual time, we celebrate the light of consciousness within ourselves and reflect upon its potential for emerging.

The progress of the sun throughout the year symbolizes the individual's process of attaining enlightenment. The summer solstice is the climax of this journey. As the day of most light in the year, it symbolizes the ascen-

sion found in many of the world's great spiritual traditions. It is a time to celebrate the masculine energy, the force of action, intention and motivation. We can now shed all that we have contemplated over the winter months and embrace a sense of freedom and lightness. At this time we open our hearts to the light and welcome the vibrancy of nature.

The potent energy of the summer solstice may help you to get a clearer understanding of who you are, of what your purpose is, and what the next step may be for you. Please join us for this inspiring ceremony.

Thank You!

We would like to express our sincere gratitude to Eamonn Downey, OSNU, TSNU. Because he is a dear and loyal friend of JSD, he is conducting an afternoon of readings and donating the entire proceeds to JSD. Thank you for you kind generosity, Eamonn.

Psychic Tarot Mediumship

Schedule private readings for Saturdays!

A reader will be available through the bookstore on Saturdays by appointment only.

The fee for a thirty minute reading is \$65.00
Call 973-551-5300.

Workshop



A Quantum Twist Taking Numerology to a Higher Level Sunday, May 20, after service

Instructor: Rev. Kathy Kerston

What does the power of the formative years offer you?

Is it helping or holding you back?

What numbers are important to you?

From this half-day workshop, you will take away tools that will empower your life in many areas. Learn not only what your life path number and your personal year numbers are, but also the alchemic energy they hold.

Learn how to get the best out of them.

Kathy shows you how to release alchemic energy that will empower you with newly found insight to make life path choices about success, harmony and happiness. Come and have fun, but most of all, come and be empowered.

**Fee: Members \$60
 Non-members \$80**

A Course in Miracles Discussion Group April 15; May 6, 20; June 3, 17 after Sunday service

Facilitator: John Smallman

"Nothing real can be threatened. Nothing unreal exists.

Herein lies the peace of God."

A Course in Miracles is a universal thought system that teaches the way to love and inner peace through forgiveness. Throughout the world, there are thousands of study groups dedicated to its philosophy. From 2009 until October of this year, John Smallman was the anchor person for a Woodstock, NH, Course in Miracles discussion group. We are

very fortunate that he is available to facilitate this ISD Sparta group.

Join John and a group of like-minded individuals for an uplifting and inspiring journey to peace through *A Course in Miracles* . . . "for everything is a lesson that God would have me learn."

Fee: \$5 donation

Classes



The Art of Message Bearing **Tuesdays, May 29; June 5, 12, and 19,** **at 7:30 PM**

Instructor: Rev. Susan Cahill

Psychic and mediumistic abilities are gifts of the Spirit to serve. As ISD readers and message bearers, we should receive these gifts with humility, nurture them with diligence, and use them with kindness.

Because our words can have a powerful impact on someone's life, our role is always one of responsible discretion.

This class will help you awaken your inner vision with love and positive intent so that your psychic and mediumistic skills support you in your own spiritual growth, balance, and success. It will enable you to express psychic and mediumistic messages that are aligned to the greatest spiritual development and the highest good of your recipients. Through

your connection to higher consciousness, you will be able to receive information with joy; interpret it with clarity, wisdom, and compassion; and deliver your message with poise, grace, reverence, and integrity.

This is a "hands-on" course where you will learn by actually doing the work in a loving and encouraging environment! Whether you want to deliver messages during Sunday services or read at our psychic fairs, this class will show you how your ability can bless others with comfort, strength, healing guidance, and support. Join us! You just may amaze yourself!

Fee: Members \$80;
Non-members \$100

Sunshine Committee

Rev. Susan Cahill and Stan Kelly need your help!

The Institute would like to respond to your spiritual needs in time of illness, accident, or the passing of a loved one into spirit. To do this, we need your help. Please call Rev. Susan at 609-658-4671 or email susan.m.cahill4@gmail.com with any information about events of this nature in your life, or in the life of another member of our church, as soon as possible.

Classes

ISD Healing Class

Thursdays, 7:30 – 9:00 PM

April 5, 12, 19, 26

May 3, 10, 17, 24, 31

June 7, 14, 21

Instructors: Terence Mulligan and Rev. Norma Victor

Class Minimum – 20

This intensive twelve week training class is open to everyone and is a requirement for the ISD Ministerial Program. Anyone wishing to serve as a healer during Sunday service or at our Wednesday evening healing circle must take this class.

Attendance at all twelve sessions of this class is required. If something important does come up, the class will be made up at the next healing circle. The ability to heal is universally held by all. This course is designed to prepare you to use techniques that channel the Divine Energy which constantly flows through the universe. Using a variety of approaches including laying-on-of-hands, distance healing, and self-healing, the instructors will provide you with many opportunities to experience channeling the Divine's energy to send heal-

ing to the auric fields, chakra system, and physical bodies.

This twelve week block of classes will provide lots of practice, practice, practice - on real people, plus lectures on healing theory, leading to becoming an ISD healer. Six classes will be led by guest speakers representing various healing modalities. Members of Sparta ISD who are Sparta ISD healers may attend this series of classes as a refresher without additional donation.

Please register in the bookstore and secure your place with an \$80 deposit. All registrations must be in by March 3. Your deposit will be refunded if the class is canceled.

Fee: \$240 members
\$300 non-members

Healing Circle

Wednesdays at 7:30 P.M.

Led by Terence Mulligan

Join us. Our healing circle is an island of peace and spiritual recovery in the middle of the week. Experience meditation, distance healing for far-away family and friends, laying-on-of-hands for yourself from multiple ISD healing practitioners. You may find a lessening of stress, fear, pain, loneliness – or get a boost of energy or clarification of mind. Friendly discussion afterward.

Classes

PSYCHIC DEVELOPMENT

**Mondays, April 9, 16, 23, 30;
May 14 and 21, 7:30 - 9:00 PM**

Instructor: Garry Gewant

This class is for anyone who wants to explore their own psychic abilities. It is designed as an entry level class for those who have never tried anything like psychic development before and hold some hesitancy about joining the class. It is also designed as an intermediate class for those who have taken classes before because you can never have enough practice improving your abilities. If

you expand your knowledge (about anything), you are growing!

Among the topics we will cover are the chakras, colors, grounding, the clair senses, scrying, psychometry, psychic ability and mediumship, and more!

**Fee: Members \$120
Non-members \$150**



Shamanic Drumming and Journey Circle

**Thursdays, April 19, May 17,
and June 21 at 7:30 PM**

Led by Rev. John Drinkard

Shamanism is the oldest spiritual tradition known to humanity. To the Shaman's eyes, the world around us is alive with Spirit. Learn to see with the Shaman's eyes, to explore the hidden worlds and to access the timeless wisdom known to our ancestors. Come and discover how Shamans helped their people live in harmony with the universe for thousands of years.

The drum is the heartbeat of Mother Earth. Come join us as we ride our drums into the Spirit World

in search of healing, knowledge and power. Experience the Shamanic State of Consciousness and expand your spiritual awareness. Bring back healing and restore your power where it has been lost. Establish a direct connection to the Spirit World, the center point of a lifelong personal Shamanic practice.

Bring a blanket, blindfold, and notebook for the journey. If you have a drum or rattle, bring it along. They are not required.

Wellness Events



Qigong Health Cultivation for Graceful Aging Mondays in April at 7 PM

Instructor: Mark Gallagher

Qigong is enjoyed in a relaxed, meditative and joyous state of awareness. This class consists of a three-part practice.

1. Warm up-energetic fundamentals: grounding, breathing and balance.
2. Stationary meditations focusing on mindfulness, relaxation, emotional balance, and resolve.
3. Circle walking Qigong (bagua) using the energy of the circle with direction and movement.

If you have any questions or concerns, please call (862) 266-2070 or email marksgallagher@hotmail.com.

See ya there!

Fee: \$20

Reiki Share

Second and Fourth Sundays of Each Month

Facilitators: Careen McDonald and Helen Buckley

The purpose of Reiki Share is to give and receive in a casual atmosphere of friendship, honor, positive energy and devotion. All are invited; only those attuned to reiki will engage in healing.

Join us the second and fourth Sunday of each month after service from 12:30 to 1:30 PM for reiki healing, discussion, and a closing affirmation.

\$5.00 Love Donation

Hospitality and Ushering

Each Sunday we have treats for the congregation in our hospitality area. If you would like to contribute on occasion, please speak with Catherine DiGerlando.

Ushers are needed for Sunday service. If you are interested in being an usher, please speak with Nick Terpstra.

Fee Schedules and Class/Workshop Policies

Class/Workshop Policies

*Please read through our policies before signing up for a class. Register early, as class size is limited.

*Payment for classes or workshops must be made in full AT LEAST ONE WEEK IN ADVANCE to ensure your spot. Send a self-addressed, stamped envelope if paying through mail. You can also pay in the bookstore or over the phone (973-729-5493) using your credit card.

*We reserve the right to cancel any class or workshop when fewer than the designated minimum number of stu-

dents register one week prior to the class date. If you have paid for a class that we cancel, you will receive a FULL REFUND/CREDIT. Refunds for class or workshop fees are only made if the class is cancelled by us or if you cancel NO LESS THAN ONE WEEK prior to class date. We cannot be held responsible for changes in personal circumstances that prevent your participation.

Fee Schedule

All classes and workshops MUST be prepaid.
To pay by credit card call (973) 729-5493

Classes

1 Class Sessions

Members	\$25
Non-Members	\$30

4 Class Sessions

Members	\$80
Non-Members	\$100

6 Class Sessions

Members	\$120
Non-Members	\$150

8 Class Sessions

Members	\$160
Non-Members	\$200

(Note: 8 class sessions fees may be divided into 2 equal payments)

Lectures and Special Events:

Members	\$25
Non-Members	\$30

Regular Psychic Fair Readings:

Members	\$20
Non-Members	\$25

Workshops

1/2 Day In-House Workshops

Members:	\$60
Non-Members	\$80

Full Day In-House Workshops

Members	\$120
Non-Members	\$160

Ministerial Staff & Committees

Ministerial Staff

Director	Rev. Kathy M. Kerston
Assistant Director	Rev. Anna Marie Ludwig
.	Rev. Norma Victor
.	Rev. Christina Fritsch
.	Rev. Thony Innocent
.	Rev. Susan Cahill
.	Rev. John Drinkard
.	Rev. Juan Villagran
.	Rev. Pennie Roland (TN)
.	Rev. Karen Slember (FL)

Executive Board

President	Rev. Christina Fritsch
Vice President	Catherine DiGerlando
Treasurer	Elizabeth Gonter
Secretary	Elaine Madsen
Trustees	Mark Frantz
.	Nick Terpstra
.	Andrew Knapp
.	Mark Stetzel
.	Careen McDonald

Committees & Chairpersons

Book Store	Rev. Anna Marie Ludwig
Building Fund	Claire Groeber-Solomon
Building and Grounds	Mark Frantz
Flowers	Elaine Engelsman
Healing	Terence Mulligan
Hospitality	Catherine DiGerlando
Ministerial Students	Rev. Norma Victor
Membership	Betty Gonter
Marketing & Publicity	Tanya Bischoff
Outreach	Ed Fritsch
Psychic Fairs	Catherine Bullen
Publications	Rev. Susan Cahill
Web Brochure Design	Dale Anderson
Sunshine	Rev. Susan Cahill
.	and Stan Kelly
Ushers	Nick Terpstra
Volunteers	Rev. Norma Victor
Website	Bob Victor

Spiritual and Religious Needs

The Institute seeks to serve the complete individual, and the whole community, for from this will come the hopes and ideals for a better world. We desire to live together in such affection as will allow us to express our individuality without being threatened by our differences.

The Institute is the center of our life together, weaving the strands of ourselves into a pattern, a design, a meaning, uniting us as companions on the journey, helping us in the pilgrimage to spiritual awareness.

The Institute facilities and Ministerial Staff are available for all of your spiritual and religious needs, including Weddings, Baptisms and Christenings, Funeral and Memorial Services, and Spiritual Counseling and Healing.

Membership

Membership is open to all who aspire to the path of self-realization and wish to share their spiritual progress with the company of supportive and like-minded individuals.

Please discuss your interest in becoming a part of our vital spiritual community with a member of the Ministerial Staff. The yearly membership fee is \$30 per individual and \$40 per family

Education

Dedicating itself to the highest standards of achievement, knowledge, and service, the Institute for Spiritual Development recognizes the need for thorough education of its ministers and congregation. All are invited to study within the context of a viable and dynamic education system. To those called to the level of Holy Orders, the Institute offers a vigorous and extensive pursuit for spiritual and intellectual excellence.

The Institute Education Program presents a wide variety of classes, workshops, seminars, and learning experiences to stimulate spiritual growth and personal development.

*What's the best way to keep up
with events at ISD?*

*Check the website often and sign
up for email alerts!*

www.isdsparta.org



ISD *Gift Store*

The Inner Journey at ISD
A Metaphysical Gift Store

Located in the Holistic Center at ISD
15 Sparta Avenue, Sparta, NJ

Music . . . Jewelry . . . Candles

Sage . . . Incense . . . Soaps . . . Art

Hand Made Stick Altars and Cactus Gem Baskets

Pendulums . . . Oracle Cards

And Much More!

Store Hours:

Saturday – 11:30 am to 4:30 pm
Sundays After Service Until 1:00 pm
During Friday Night Psychic Fairs

Psychics are available through the gift shop
by appointment only.

For more information or to schedule a reading, call

973-551-5300

Check the website often and sign up for e-mail alerts!

[www. isdsparta.org](http://www.isdsparta.org).

