



*Summer
2018
Brochure*

*July,
August,
September*

Institute for Spiritual Development

*"A Church & Holistic Center
For Metaphysical Living"*

**15 Sparta Avenue, Sparta, NJ
(973) 551-5300*
www.isdsparta.org**

Services

You are invited to join us each Sunday morning
at 10:30 am in a Service of Celebration.

The service are centered on God's
most precious gifts to us
and our greatest gifts to one another
– Love and Understanding.

We invite you to take the opportunity to express and
experience a sense of the Infinite Presence within yourself
in an atmosphere of love, friendship,
understanding, and support.

National Headquarters

Institute for Spiritual Development

5611 NE 16th Ave.,
Fort Lauderdale, Florida 33338
Reverend James De Biasio, Spiritual Advisor
954-229-0758

Other Institute for Development Locations

5419 Sherier Place NW,
Washington, DC 20016
Reverend Rob Banaszak, Director
202-363-7106

170 Main Street, (Masonic Lodge #93)
Madison, NJ 07940
Reverend Diana Flanagan, Director
Reverend Ray Brennan
973-437-4370

41-45 Dietz St., Suite#1
Oneonta, NY
Reverends Diana Friedell and Sue Langdon, Directors
(607) 386-0849

About the Institute

The Institute is a non-profit organization, dedicated to the service of your growing awareness and to fostering an environment in which each individual may be stimulated to pursue his or her own true spiritual unfoldment, uninhibited by dogmatic concerns. To arouse a process of joyous living, creative genius, cooperation, health, prosperity, and universal service is to arouse the spiritual heart of the organization.

Believing that the search for your truth embodies a personal examination of all philosophies and religions, the Institute Experience seeks to provide the focal point for that search and a nurturing environment in which the evolution of your spiritual progression may be realized.

Offering a wide variety of growth experiences, the Institute and its well-trained professional staff provide the fulcrum where each may endeavor to explore and express the Truth as he or she understands it. The on-going and comprehensive series of study and development experiences in esoteric, metaphysical, occult, healing and personal growth are augmented by the spiritual fellowship, guidance and shared experiences which are available.

Needing only an openness to Truth, the seeker is then encouraged to pursue the expansion of awareness of his or her inner self through service, and to unfold in the arms of love the potential for perfection that lies awaiting within.

A Church for Metaphysical Living, the Institute seeks to provide a common ground in which souls passionate to grow may resolve the differences of mind and experience which appear to separate us and grow by sharing, in joy as well as in pain. The Institute is a shelter to nurture the best that is within us, a proving ground of our resolve, a place of peace, and hope, and light, and comfort, of work, of rest, of spiritual growth, of enlightenment.

Thus, with love do we greet you, and with hope do we grow with you . . . not by the efforts of one or a few, but by the energy of all.

*Reverend James E. De Biasio,
Spiritual Advisor*

*Institute For Spiritual Development - Sparta
Director and Spiritual Advisor, Kathy Kerston*



Special Events

Special Saturday Psychic Fair with Healing **Saturday, July 14, 11:00 to 3:00 PM** **Mediumship – Psychic – Tarot – Healing**

ISD's talented mediums, psychics, and tarot readers will be available for readings. Or get readings in more than one discipline! The fee for each fifteen minute reading is **\$20.00** for members and **\$25.00** for non-members.

In addition, several of ISD's gifted healers will be available to offer a laying-on-of-hands, through which you may receive a lessening of stress, fear, pain, loneliness – or get a boost of energy or clarification of mind.

Final appointment bookings are for 3:30 PM.
 (All readings are for your entertainment only.)

Fall Equinox Ceremony **AND Shamanic Drumming and Journey Circle!** **Saturday, September 22, at 7:30 PM**

Led by Reverends Thony Innocent and John Drinkard



Rev. Thony Innocent will once again be leading our very powerful and very popular Fall Equinox ceremony,

blending the ancient ways with the many other spiritual pathways he has explored as a serious student of all things metaphysical. As the Sun reaches an equal distance between the equators, we honor all Father/Mother Gods. Lift up your hearts as we come together for this ancient and powerful ceremony.

In his role as an alchemist, Thony empowers us to recognize our own spirituality so that we can reclaim

what we have brought with us from past lives and find the essence of our being. In his role as shaman, John perceives and interacts



with the world of Spirit to divine the timeless wisdom of the ancients as well as the power, guidance and healing of the Spirit world.

Join us to celebrate this fall Equinox in a powerful way.

For this one very special evening, the alchemist will join the shaman to present an extraordinary spiritual experience.

Fee: \$20

Special Events

The Shaman Way 101

Sunday, September 9 at 1:00 PM

Instructors: Denise Saracco-Zoppi, Medicine Woman, Ordained Minister, LMT and Joshua Zoppi, Shaman and Medium

Ancient and full of Medicine, Shamans have been the Bridges for Spirit since the Prehistoric Era. Connecting with the Powers of Nature, Ancestors, and Spirit Beings, Shamans have forged a way for all peoples in every culture to have a direct experience with the Sacred.

This workshop will provide the very basic practices of most every Shaman around the world. You will learn how to:

- Engage the Sacred from the Seven Directions (the Medicine Wheel)
- Create a Shaman's home altar
- Meet your Primary Power Animal or Spirit Teacher
- Cultural variances in Shamanic practices
- Create Sacred Space for all spiritual work
- Access the Spirit Realms via traditional Shamanic Journey methodology

Powerful transformative healing is a natural byproduct of engaging in this work. Be initiated into the sacred realm of Spirit! Please bring drums, rattles, notebook, pen, eyeshade, and something to lie on for journey work.

About Denise:

Denise has been walking the Medicine Way for as long as she can

remember. Initiated by spirit via grand mal seizures beginning at the age of 2, Denise's relationship with the spirit world has been a lifelong journey filled with healing, sacredness, and most importantly, Love. She is the CEO and Founder of Ayni Healing Arts Center in Mount Arlington. Denise enjoys her medicine work with spirit via massage, shamanic healing sessions, Reiki, crystal healing, sound therapy, spiritual counseling, grief work, house blessings, readings, and more. Both in-person and FaceTime sessions are available.

www.aynihealingartscenter.com

About Joshua:

Joshua started his shamanic path in 2012 and has since grown deeper into his practice of self healing and working with others to help them on their journeys. Joshua uses his ability to interpret oracle cards to provide guidance and loving assistance to his clients. As a child, Joshua was able to see and speak with Spirit, but walking the Shamanic path has enabled the gift to open further. He uses his connection to the other side to bring forth messages of love, closure, and forgiveness. Joshua is Director of Ayni Healing Arts Center and also facilitates drum circles, fire ceremonies, Psycopomp work, while assisting in healing circles, Shaman programs, and house blessings.

Fee: \$50

Special Events

TRAUMA, TREATMENT AND WHOLENESS WITH EMOTIONAL FREEDOM TECHNIQUE (EFT), A POWERFUL HEALING TOOL

Saturday, September 15, at 1:00 PM

Facilitators: Revs. Kathy Kerston and John Drinkard



Most of us have been subjected to some form of trauma. We are all wounded. Trauma is a penetrating wound that separates us from our sense of self and causes us to feel personally defective, inadequate, or unworthy. This workshop is designed to assist veterans; fire, police, and first responders; survivors of sexual assault, violent crime, accidents, natural disasters, domestic violence, abuse, neglect, addiction, and burn-out; people who have experienced the loss of personal health or a loved one's health, the death of a loved one, or betrayal by a significant other; families of the traumatized; personal and professional caregivers.

When we experience traumatic events, they become stuck in our bodies; and whenever we replay these events, the result is stress. Many times we can't even remember the specific events, but because the emotions associated with them are trapped in our bodies, they can

cause disturbances in our lives and in our health. Since trauma is stored in our bodies, we need to address the mind-body connection to return to wholeness. Talk therapy alone will not restore us to health. We need to integrate the mind and body with practices like embodied meditation, somatic experiencing, and tapping to insure success in trauma treatment.



In this hands-on workshop, Revs. Kathy and John will explore embodied meditation, somatic experiencing, and tapping. They will help create a safe haven so that wounded people can learn to love, forgive, and trust themselves to navigate in the world again.

Come join us for an extraordinary afternoon of welcoming home the disenfranchised parts of ourselves that we previously only wanted to avoid.

**This is a FEE-FREE
outreach event.**

Special Events

Messages from Loved Ones in Spirit An Evidential Mediumship Gallery

With **VERY** Special Guests!

British Medium Rev. Simon James
Canadian Medium Rev. Brian Robertson
and
Rev. Janet Nohavec

Thursday, September 20, 2018

At 7:30 PM

\$35

PRE-REGISTER ONLINE ONLY

SIMON JAMES

As a young man, Simon James was among the few mediums whose development was guided by Gordon Higginson, one of the greatest mediums of the 20th century. Concurrent with his mediumistic development, Simon completed a degree in Applied Psychology, which he introduced as a course at the world famous Arthur Findlay College in Stansted. There he became the youngest tutor in the college's history as well as a course organizer. Throughout this time, Simon's work took him throughout the UK, demonstrating and teaching mediumship and the intuitive arts. Subsequently, he expanded his travels, working throughout Europe, Asia, Australia, New Zealand and the United States.

Simon is currently a Director of the Inner Quest Foundation and the Vice-President of the Open Door Spiritualist Sanctuary in Victoria, Canada. When at home, Simon teaches, demonstrates and participates in establishing research panels and training programs in all aspects of Rational Spiritualism. Simon also continues to teach and demonstrate throughout the UK, and he is a tutor, a senior course organizer and an assessor at a number of institutes. He is one of only a few tutors in Britain who is qualified to teach the instructors of mediumship. He has a vast knowledge of comparative religion and has studied extensively the spiritual traditions of different world cultures. Today Simon James is rec-

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Special Events

Messages From Loved Ones

(Continued From Page 7)

ognized as one of the UK's finest classical spiritual mediums.

BRIAN ROBERTSON

Brian Robertson has been involved with Spiritualism for the past twenty-eight years. He is known for the high quality of his mediumship and his natural demonstration skills.

Together with these abilities, Brian's down-to-earth authentic approach to working on the self has made him a much sought-after teacher and speaker. Frequently a keynote speaker, Brian has shared his wealth of knowledge on a broad range of topics with people from a diversity of social, cultural, religious, philosophical and educational backgrounds. People with diverse interests and experiences, from students of the intuitive arts and postgraduate university students to teachers and medical professionals, have learned and developed through Brian's teaching and have received the benefit of Brian's education and expertise in the self-help and intuitive fields. Throughout his career, Brian has worked internationally for a number of organizations. In 1995 he became the first Canadian instructor at the Arthur Findlay College. Brian also does consulting work for a number of groups, both religious and secular, offering his knowledge and proven techniques for working on the self

and on altered states. In addition to his speaking and teaching, Brian writes about matters related to the intuitive arts and spiritual and mediumistic matters and has had a number of his articles published in newspapers and magazines around the world.

JANET NOHAVEK

Janet Nohavec was born and raised in northern New Jersey. A medium since birth, she has conscious memories of spirit communication since the age of four. As a young adult, Janet entered religious life and spent five years as a Catholic nun. After leaving the convent, she felt drawn to work with her mediumship, and she received extensive training to polish her gift. Janet now teaches and demonstrates mediumship internationally. She is co-founder of the Journey Within School for Mediumship. She is also pastor and founder of The Journey Within, A Center for Spiritual Evolvement, Inc. She has appeared and demonstrated her mediumship live on numerous radio programs and has been the focus of several newspaper articles. Janet treasures the gift of her mediumship, through which she evidentially proves the continuation of life after death. She continues to reside in New Jersey where her school, church and private practice thrive.

Workshop



THE CONNECTION BETWEEN CONSCIOUSNESS, MATTER AND SCIENCE

**Sunday, September 16
after Service**

Instructor: Marina Jacobi

Ever since childhood, Marina Jacobi has had the ability to connect with loved ones in Spirit and to receive guidance from Spirit through automatic writing as well as through vivid dreams.

Marina has communicated with an extraterrestrial race, the Hybrids, who taught Marina to connect telepathically with them to receive metaphysical knowledge. She learned about the structure of the universe, consciousness, the quantum field, parallel realities, dimensions and the true existence and nature of the extraterrestrial races.

Subsequently, Marina was contacted by RA and also by The Pleiadians, whose wisdom she documented in two books, *The Harmonic Reactor* and *Nano Technologies*. Currently, Marina is working with a higher consciousness called The Council of 9 as well as with the 11 Dimensional Beings, from whom she

receives new messages for humanity. To learn more about Marina Jacobi and her work, please visit her website at: www.marinajacobi.com

In this workshop, Marina will focus on the connection between consciousness and matter. She will discuss her contact with the Council of 9, RA, The Pleiadians, and advanced extraterrestrial technologies. She will also provide an introduction to the Harmonic Reactor and the Nano technology.

In addition, Marina will introduce the quantum manifestation protocol. You will learn how to manifest and create your hologram and how to construct and deconstruct and shift your parallel realities and timelines.

Learn the alchemy of creation.

**Fee: Members \$60
 Non-members \$80**

Classes

Natural Solutions for Health and Wellbeing Introduction to essential Oils

Sunday, July 15, at 1 PM

Facilitator: Danielle Dagata

Are you tired of traditional medicine with its side effects and poor results? Would you like to take control of your health and your family's health with an all-natural approach that is growing its name in the medical field? In this class, we will discuss how to increase energy, regulate mood and hormones, improve

mental clarity, reduce pain, improve sleep, manage stress, reduce toxicity, support your immune system, and much more!

Please join me after service for this workshop where you will learn how to empower yourselves and others around you.

Summer Fun: Make and Take Roller Bottles Sunday, August 5, at 1 PM

Facilitator: Danielle Dagata

Come on out and learn all about the basics of essential oils for yourself, your family and your home. During this hands-on class, you will learn about the best essential oils for summer and how to incorporate safe, natural options into all of your summer activities. We will be making:

Allergy roller blend, After Sun Soothing roller blend and Itch Be Gone roller blend.

**Fee: \$25 for members
 \$30 for non-members**

About Danielle:

Danielle Dagata is a nineteen-year Multiple Sclerosis survivor. Since incorporating natural solutions into her life and home almost two years ago, she has been able to eliminate nine medications. She now feels better than she has ever felt. The health of her family and even the health of her dog have also greatly improved! Now Danielle wants to share the wealth of health with all of us!

Classes

ISD THURSDAY EVENING DEVELOPMENT CIRCLE

Thursdays at 7:30 PM

Led by Rev. Susan Cahill and Terence Mulligan

Exciting news! ISD will again be hosting a weekly development circle beginning on June 28. This weekly circle is only open to ISD members who have taken Psychic Development and Evidential Mediumship classes here at the Institute. This will once more become a closed circle in August, so it is vital that you join in July!

This circle will offer you the wonderful opportunity to:

- Access and expand your intuitive sense;
- Understand the nature of your mediumship;
- Sit in the presence and Power of Spirit;

- Develop your mediumistic ability more effectively;
- Trust your innate psychic ability and the messages from Spirit more confidently; and
- Develop your abilities in an environment that is caring, supportive, and non-judgmental.

It will also empower you to refine your skills in presenting psychic and mediumistic messages to sitters.

Be in the Power and . . . Practice!
Practice! Practice!

Questions? Please call
Rev. Susan at 609-658-4671.

Fee: \$5 per week

Esoteric Nature of Man

Mondays, July 16, 23, 30, July 6, 13, and 20

Instructor: Rev. Norma Victor

You are made up of crystallized energy. Just as water will find its own way by following a path which it itself creates, the energy which is to become you flows along lines of force and spins and turns to create the individual you become. This class is about energetic anatomy and the energies which shape your thoughts and drive your actions. It is

about the chakras and your energy signature—your aura. You can use this knowledge to understand yourself, change yourself or understand and help others.



**Fee: Members \$120
Non-members \$160**

Classes

BEGINNING TAROT PLUS

Tuesdays, September 4, 11, 18, 25; October 2, 9

Instructor: Rev. Anna Marie Ludwig

Do you wonder what those colorful cards mean or how anybody can make any sense of those pictures?

Join us and learn how to find the meanings and give readings to yourself and others. No prior require-

ments. Just come with a Rider Waite or Universal Waite tarot cards.

Fee: Members \$120
Non-members \$160

Free Wellness Lectures

Lecture topics and dates will be posted on our website.

Are you on our mailing list to be notified of ISD events?

Visit www.isdsparta.org and join our

Opt-in Newsletter.

More-Than-Psychic Fairs

Fridays, July 27, August 31,

and September 28

7:00 PM – 10:00 PM

Mediumship – Psychic – Tarot

Whatever your preference—we have talented mediums, psychics, and tarot readers available on these evenings. Or get readings in more than one discipline! The fee for each fifteen minute reading is \$20.00 for members and \$25.00 for non-members.

Final appointment bookings are for 9:30 PM.

(All readings are for your entertainment only.)

On-Going

Reiki Share

Second and Fourth Sundays of Each Month

Facilitators: Careen McDonald and Helen Buckley

The purpose of Reiki Share is to give and receive in a casual atmosphere of friendship, honor, positive energy and devotion. All are invited; only those attuned to reiki will engage in healing.

Join us the second and fourth Sunday of each month after service from 12:30 to 1:30 PM for reiki healing, discussion, and a closing affirmation.

\$5.00 Love Donation

A Course in Miracles Discussion Group The Second and Fourth Sundays after Service

Facilitator: John Smallman

*"Nothing real can be threatened. Nothing unreal exists.
Herein lies the peace of God."*

A Course in Miracles is a universal thought system that teaches the way to love and inner peace through forgiveness. Throughout the world, there are thousands of study groups dedicated to its philosophy. From 2009 until October of this year, John Smallman was the anchor person for a Woodstock, NH, Course in Miracles discussion group. We are

very fortunate that he is available to facilitate this ISD Sparta group.

Join John and a group of like-minded individuals for an uplifting and inspiring journey to peace through A Course in Miracles . . . "for everything is a lesson that God would have me learn."

Fee: \$5 donation

Healing Circle

Wednesdays at 7:30 P.M.

Led by Terence Mulligan

Join us. Our healing circle is an island of peace and spiritual recovery in the middle of the week. Experience meditation, distance healing for far-away family and friends, laying-on-of-hands for yourself from multiple ISD healing practitioners. You may find a lessening of stress, fear, pain, loneliness – or get a boost of energy or clarification of mind. Friendly discussion afterward.

A Love Donation of \$5 is appreciated.

Fee Schedules and Class/Workshop Policies

Class/Workshop Policies

*Please read through our policies before signing up for a class. Register early, as class size is limited.

*Payment for classes or workshops must be made in full AT LEAST ONE WEEK IN ADVANCE to ensure your spot. Send a self-addressed, stamped envelope if paying through mail. You can also pay in the bookstore or over the phone (973-729-5493) using your credit card.

*We reserve the right to cancel any class or workshop when fewer than the designated minimum number of stu-

dents register one week prior to the class date. If you have paid for a class that we cancel, you will receive a FULL REFUND/CREDIT. Refunds for class or workshop fees are only made if the class is cancelled by us or if you cancel NO LESS THAN ONE WEEK prior to class date. We cannot be held responsible for changes in personal circumstances that prevent your participation.

Fee Schedule

All classes and workshops MUST be prepaid.
To pay by credit card call (973) 729-5493

Classes

1 Class Sessions

Members	\$25
Non-Members	\$30

4 Class Sessions

Members	\$80
Non-Members	\$100

6 Class Sessions

Members	\$120
Non-Members	\$150

8 Class Sessions

Members	\$160
Non-Members	\$200

(Note: 8 class sessions fees may be divided into 2 equal payments)

Lectures and Special Events:

Members	\$25
Non-Members	\$30

Regular Psychic Fair Readings:

Members	\$20
Non-Members	\$25

Workshops

1/2 Day In-House Workshops

Members:	\$60
Non-Members	\$80

Full Day In-House Workshops

Members	\$120
Non-Members	\$160

Ministerial Staff & Committees

Ministerial Staff

Director	Rev. Kathy M. Kerston
Assistant Director	Rev. Anna Marie Ludwig
.	Rev. Norma Victor
.	Rev. Christina Fritsch
.	Rev. Thony Innocent
.	Rev. Susan Cahill
.	Rev. John Drinkard
.	Rev. Juan Villagran
.	Rev. Pennie Roland (TN)
.	Rev. Karen Slember (FL)

Executive Board

President	Catherine DiGerlando
Vice President	Stanley Kelly
Treasurer	Betty Gonter
Secretary	Elaine Madsen
Trustees	Mark Frantz
.	Nick Terpstra
.	Andrew Knapp
.	Mark Stetzel
.	Careen McDonald

Committees & Chairpersons

Book Store	Rev. Anna Marie Ludwig
Building Fund	Betty Gonter
Building and Grounds	Mark Frantz
Flowers	Mark Stetzel
Healing	Terence Mulligan
Hospitality	Catherine DiGerlando
Ministerial Students	Rev. Norma Victor
Membership	Betty Gonter
Marketing & Publicity	Tanya Bischoff
Outreach	
Psychic Fairs	Andrew Knaap and
.	Elaine Madsen
Publications	Rev. Susan Cahill
Web Brochure Design	Dale Anderson
Sunshine	Rev. Susan Cahill
.	and Stan Kelly
Ushers	Nick Terpstra
Volunteers	Rev. Norma Victor
Website	Bob Victor

*What's the best way to keep up
with events at ISD?*

*Check the website often and sign
up for email alerts!*

Spiritual and Religious Needs

The Institute seeks to serve the complete individual, and the whole community, for from this will come the hopes and ideals for a better world. We desire to live together in such affection as will allow us to express our individuality without being threatened by our differences.

The Institute is the center of our life together, weaving the strands of ourselves into a pattern, a design, a meaning, uniting us as companions on the journey, helping us in the pilgrimage to spiritual awareness.

The Institute facilities and Ministerial Staff are available for all of your spiritual and religious needs, including Weddings, Baptisms and Christenings, Funeral and Memorial Services, and Spiritual Counseling and Healing.

Membership

Membership is open to all who aspire to the path of self-realization and wish to share their spiritual progress with the company of supportive and like-minded individuals.

Please discuss your interest in becoming a part of our vital spiritual community with a member of the Ministerial Staff. The yearly membership fee is \$30 per individual and \$40 per family

Education

Dedicating itself to the highest standards of achievement, knowledge, and service, the Institute for Spiritual Development recognizes the need for thorough education of its ministers and congregation. All are invited to study within the context of a viable and dynamic education system. To those called to the level of Holy Orders, the Institute offers a vigorous and extensive pursuit for spiritual and intellectual excellence.

The Institute Education Program presents a wide variety of classes, workshops, seminars, and learning experiences to stimulate spiritual growth and personal development.



ISD
Gift Store

The Inner Journey at ISD
A Metaphysical Gift Store

Located in the Holistic Center at ISD
15 Sparta Avenue, Sparta, NJ 07871

Music . . . Jewelry . . . Candles

Sage . . . Incense . . . Soaps . . . Art

Pendulums . . . Oracle Cards

And Much More!

Store Hours:

Saturday – 11:00 am to 4:00 pm
Sundays After Service Until 1:00 pm
During Friday Night Psychic Fairs

Psychics are available through the gift shop
by appointment only.

For more information or to schedule a reading, call

973-551-5300

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