

*Winter
2017
Brochure*

*January,
February,
March*

Institute for Spiritual Development

*"A Church & Holistic Center
For Metaphysical Living"*

**15 Sparta Avenue, Sparta, NJ
(973) 551-5300*
www.isdsparta.org**

Services

You are invited to join us each Sunday morning
at 10:30 am in a Service of Celebration.

The service are centered on God's
most precious gifts to us
and our greatest gifts to one another
– Love and Understanding.

We invite you to take the opportunity to express and
experience a sense of the Infinite Presence within yourself
in an atmosphere of love, friendship,
understanding, and support.

National Headquarters

Institute for Spiritual Development

5611 NE 16th Ave.,
Fort Lauderdale, Florida 33338
Reverend James De Biasio, Spiritual Advisor
954-229-0758

Other Institute for Development Locations

5419 Sherier Place NW,
Washington, DC 20016
Reverend Sue Landon, Director
202-363-7106

170 Main Street, (Masonic Lodge #93)
Madison, NJ 07940
Reverend Diana Flanagan, Director
Reverend Ray Brennan
973-437-4370

41-45 Dietz St., Suite#1
Oneonta, NY
Reverands Diana Friedell and Sue Langdon, Directors
(607) 386-0849

About the Institute

The Institute is a non-profit organization, dedicated to the service of your growing awareness and to fostering an environment in which each individual may be stimulated to pursue his or her own true spiritual unfoldment, uninhibited by dogmatic concerns. To arouse a process of joyous living, creative genius, cooperation, health, prosperity, and universal service is to arouse the spiritual heart of the organization.

Believing that the search for your truth embodies a personal examination of all philosophies and religions, the Institute Experience seeks to provide the focal point for that search and a nurturing environment in which the evolution of your spiritual progression may be realized.

Offering a wide variety of growth experiences, the Institute and its well-trained professional staff provide the fulcrum where each may endeavor to explore and express the Truth as he or she understands it. The on-going and comprehensive series of study and development experiences in esoteric, metaphysical, occult, healing and personal growth are augmented by the spiritual fellowship, guidance and shared experiences which are available.

Needing only an openness to Truth, the seeker is then encouraged to pursue the expansion of awareness of his or her inner self through service, and to unfold in the arms of love the potential for perfection that lies awaiting within.

A Church for Metaphysical Living, the Institute seeks to provide a common ground in which souls passionate to grow may resolve the differences of mind and experience which appear to separate us and grow by sharing, in joy as well as in pain. The Institute is a shelter to nurture the best that is within us, a proving ground of our resolve, a place of peace, and hope, and light, and comfort, of work, of rest, of spiritual growth, of enlightenment.

Thus, with love do we greet you, and with hope do we grow with you . . . not by the efforts of one or a few, but by the energy of all.

*Reverend James E. De Biasio,
Spiritual Advisor*

*Institute For Spiritual Development - Sparta
Director and Spiritual Advisor, Kathy Kerston*



Special Events

A Course in Miracles Discussion Group ***First and Third Sundays after Service,*** **Beginning January 7**

Facilitator: John Smallman

*"Nothing real can be threatened. Nothing unreal exists.
 Herein lies the peace of God."*

A **Course in Miracles** is a universal thought system that teaches the way to love and inner peace through forgiveness. Throughout the world, there are thousands of study groups dedicated to its philosophy. From 2009 until October of this year, John Smallman was the anchor person for

a Woodstock, NH, **Course in Miracles** discussion group. We are very fortunate that he is available to facilitate this ISD Sparta group.

Join John for an uplifting and inspiring journey.

Fee \$5 Donation



The Season of Change **Astrology Forecast for 2018** **Sunday, January 7, at 1:00 PM**

Speaker: Rev. Kathy Kerston

Once again, it's time to look astrologically into the year ahead. Our own International Astrologer, Reverend Kathy Kerston, gives us a look at the possibilities presenting themselves in our astrological future. You owe it to yourself to find out how the forecast will affect **YOU**.

Mark your calendar. This annual lecture is always a wonderfully informative event and is not to be missed.

\$20.00 per person – all proceeds to benefit ISD

Special Events

Shamanic Drumming and Journey Circle

Thursdays, January 18 and March 15, at 7:30 PM

Led by Rev. John Drinkard

Shamanism is the oldest spiritual tradition known to humanity. To the Shaman's eyes, the world around us is alive with Spirit. Learn to see with the Shaman's eyes, to explore the hidden worlds and to access the timeless wisdom known to our ancestors. Come and discover how Shamans helped their people live in harmony with the universe for thousands of years.

The drum is the heartbeat of Mother Earth. Come join us as we ride our drums into the Spirit World

in search of healing, knowledge and power. Experience the Shamanic State of Consciousness and expand your spiritual awareness. Bring back healing and restore your power where it has been lost. Establish a direct connection to the Spirit World, the center point of a lifelong personal Shamanic practice.

Bring a blanket, blindfold, and notebook for the journey. If you have a drum or rattle, bring it along. They are not required.

FRIDAY NIGHT MOVIE

Friday, January 12, at 7:30 PM

Doors will open at 7:00 PM.

Snow date January 19, 2018

FEATURE PRESENTATION: *MADE IN HEAVEN*

FACILATOR: Vincent Pellegrino

Can love bridge the gap between Earth and Heaven?

Twelve thousand babies will be born in the United States today. Two will already have fallen in love. *Made in Heaven* is a romantic comedy that explores soulmates, heaven and reincarnation.

Kindly join us after the movie for a Q & A discussion.

Admission: A LOVE DONATION TO ISD SPARTA

Special Events

ISD's First Ever WISH PARTY!

Saturday, January 27, 6:00 PM

In the ISD Building

During the month of January, 2018, the Human Design Gate of Imagination is open! Since this is the time for our dreams and wishes to arise and manifest, what better time could there be for an ISD WISH PARTY?!!!!

Come join the fun with friends, experience a delicious buffet, enjoy music and dancing with a great DJ, and celebrate the promise of wishes

and dreams to be fulfilled in the New Year.

Bring a dish to share and the beverage of your choice. Catherine DiGerlando will be organizing the menu, so please contact her at (973) 462-3162 to let her know the food item you will be bringing.

Come and enjoy this fee free evening!

IMPORTANT NOTICE FOR ALL ISD CONGREGANTS!!!!

As we begin the New Year, it is very important that you renew your annual membership. If you are not sure of your current membership status, please check with either Betty Gonter or Rev. Anna Marie Ludwig.

Membership in the Institute offers many benefits. It increases your sense of having found a true spiritual home, it enriches your appreciation of fellowship with like-minded individuals, it enables you to participate in a myriad of classes and activities designed to help you expand your awareness and enrich your spiritual involvement, and it affords you voice and vote at the ISD Annual Convention.

It is also absolutely vital that all ISD volunteers be CURRENT MEMBERS. You MUST be a member to be covered by ISD's insurance policy when you serve as an usher or message bearer during Sunday service, read at the psychic fairs, serve as a board member, or heal at Sunday services or at the Wednesday evening healing circle.

Special Events

ISD Annual Convention **Sunday, January 21 at** **12:30 PM** **(Snow date: January 28)**

Voice and vote at the Convention will be accorded to all those

who have been members in good standing for at least ninety days prior to the Convention.

Your attendance is valued.

More-Than-Psychic Fairs **Fridays, January 26** **February 23 & March 23** **7:00 PM – 10:00 PM** **Mediumship – Psychic – Tarot**

Whatever your preference – we have talented mediums, psychics, and tarot readers available on these evenings.

Or get readings in more than one discipline! The fee for each fifteen minute reading is **\$20.00** for members and **\$25.00** for non-members.

Final appointment bookings are for 9:30 PM.

(All readings are for your entertainment only.)

Workshop



Soul Injury Workshop Sunday, March 4, 1 – 5 PM

Instructor: Rev. John Drinkard

Soul Injury is a spectrum of penetrating wounds that occur during trauma, abuse, self-neglect, loss and serious illness. It is an overlooked, unassessed wound that subtly robs people of their vitality and separates them from their own sense of self. The intended audience for this event are: veterans; victims of sexual assault, crime, accidents, natural disasters, abuse, addiction, neglect, and burn-out; people who have experienced the loss of personal health or a loved one's health, the death of a loved one, or betrayal by a significant other; families of the traumatized; personal and professional caregivers.

The source of traumatic and insidious Soul Injury is unmourned loss and unforgiven guilt or shame. In this workshop you will learn how to:

- Connect with your pain and release it
- Grieve your unmourned losses
- Re-own the scattered pieces of yourself
- Forgive the guilt and shame you are carrying
- Create a safe haven to re-home the disconnected parts of yourself

You will discover how soulfully wounded people can love, forgive, and trust themselves to navigate in the world again.

Come join us in this groundbreaking work of releasing your suffering, regaining your vitality and coming home to your true self.

Members \$40

Non-members \$50

Psychic — Tarot — Mediumship

Schedule private readings for Saturdays!

A reader will be available through the bookstore on Saturdays by appointment only.

The fee for a thirty minute reading is \$65.00

Call 973-551-5300.

Special Events

Scrabble Scrimmage, Hot Chocolate and Cookies Social To Benefit Literacy Volunteers

Sunday, February 11, 2 to 4 PM

Snow Date: February 25

Come and enjoy a friendly game of SCRABBLE, or for those inclined,
a more competitive SCRABBLE experience.

Prizes, 50/50, and wonderful camaraderie!

\$20 per person



New Moon Ceremony AND Shamanic Drumming and Journey Circle!



Thursday, February 15, at 7:30 PM

Co-led by Revs. Thony Innocent and John Drinkard

Rev. Thony Innocent and Rev. John Drinkard will be co-leading our very powerful and very popular New Moon Ceremony, blending the ancient ways with the many other spiritual pathways they have explored as a serious students of all things metaphysical.

In his role as an Alchemist, Thony empowers us to recognize our own spirituality so that we can reclaim what we have brought with us from

past lives and find the essence of our being.

In his role as a Shaman, John will guide us to see through the eyes of a Shaman, to explore the unseen worlds and to access the timeless wisdom known to our ancestors.

For this very special evening, the alchemist will join the shaman to present an extraordinary spiritual experience.

Special Events

New Moon Ceremony

March 17 at 7:30 PM

Led by Rev. Thony Innocent



The new moon occurs when the moon is positioned between the earth and sun, and the entire illuminated portion of the moon is on the half that is not visible from earth. The new moon is special, for it is a time to enfold into your true self, to merge with your spiritual source, to remember who you are, to receive guidance for the way ahead, and to rest before the next cycle of happenings. As a symbolic portal for new begin-

nings, the new moon is the perfect time to set intentions for what you want to create, cultivate and manifest. It is a tabula rasa on which to write down your dreams.

Rev. Thony Innocent leads this very powerful New Moon Ceremony, blending the ancient ways with the many other spiritual pathways he has explored as a serious student of metaphysics.

Spring Equinox Celebration

Tuesday, March 20 at 7:30 PM

Led by: Rev. Thony Innocent

The spring equinox opens the veil between the physical and the spiritual so that a resurrection in our lives can be inaugurated. The keynote of this season is creation. It is the drive to move our lives upward, like a seed pushing forth out of the earth into the air. The spring is the time when the creative powers we have been nurturing through the winter can be expressed to initiate a new world of opportunities for ourselves. There is a fresh outburst of exuberant life, and it holds many opportunities for those who align with its rhythms and forces.

This is an excellent time to initiate

a new order within one's life. It is an ideal time for a burning out of the old so that the new seeds have room to sprout and be given new expression, thus exemplifying one of the hidden significances in the Christ teaching: "Do not put new wine into old skins." It is also the time during which the veil between the physical and the spiritual is thinned, easing opportunities to access and invoke dynamic spiritual energy into one's life. It is an excellent time to invoke energy that will assist you in making things new within all areas of your life. It is a time for awakening new teachers upon the earth plane.

Workshop



Dream Workshop **Sunday, March 25, 1-4 PM**

*Instructor: Rev. Christina Fritsch,
Licensed Professional Counselor in Private
Practice*

"To sleep, perchance to DREAM . . ." If you are getting a full night's sleep, you ARE DREAMING! When you are in REM (rapid eye movement) sleep, you are most definitely dreaming! This class will help you learn how to remember your dreams, interpret your dreams, change your dreams, and become a LUCID DREAMER. You will learn techniques for DREAM RECALL and DREAM INTENT. When you are in REM SLEEP, you access the mystical, spiritual realm where you can get answers to your questions! Just bring an open mind and the desire to learn.

DREAMS ARE THE GATEWAY TO THE SUBCONSCIOUS.

Members \$60

Non-members \$80



Servicios en Español

Este invierno, ofreceremos servicios en español para nuestros amigos hispanos. Estos servicios serán el segundo domingo de cada mes a la una de la tarde: el catorce de enero, el once de febrero y el once de marzo. Bienvenido a todos!

On-Going Events

Healing Circle

Wednesdays at 7:30 P.M.

Led by Terence Mulligan

Join us. Our healing circle is an island of peace and spiritual recovery in the middle of the week. Experience meditation, distance healing for far-away family and friends, laying-on-of-hands for yourself from multiple LSD healing practitioners. You may find a lessening of stress, fear, pain, loneliness – or get a boost of energy or clarification of mind. Friendly discussion afterward.

The evenings begin with a short (approximately 15-minute) meditation. If you are not in the sanctuary by 7:30, please wait quietly in the outer chamber until the meditation is finished. Someone will open the door to admit you at that time.

A Love Donation of \$5 is appreciated.

Wellness Events

On-Going Qigong for Health

Monday Evenings at 7 PM

Instructor: Mark Gallagher



Now Featuring

Qigong Body Sculpting for Weight Loss

Feel your energy move with intent! These 'health arts' circulate energy on subtle levels with a focus on health preservation and longevity.

The class is always open for walk-ins, beginners and enthusiasts.

The fee is **\$20.00** per class.

Fee Schedules and Class/Workshop Policies

Class/Workshop Policies

*Please read through our policies before signing up for a class.
Register early, as class size is limited.

*Payment for classes or workshops must be made in full AT LEAST ONE WEEK IN ADVANCE to ensure your spot. Send a self-addressed, stamped envelope if paying through mail. You can also pay in the bookstore or over the phone (973-729-5493) using your credit card.

*We reserve the right to cancel any class or workshop when fewer than the designated minimum number of stu-

dents register one week prior to the class date. If you have paid for a class that we cancel, you will receive a FULL REFUND/CREDIT. Refunds for class or workshop fees are only made if the class is cancelled by us or if you cancel NO LESS THAN ONE WEEK prior to class date. We cannot be held responsible for changes in personal circumstances that prevent your participation.

Fee Schedule

All classes and workshops MUST be prepaid.
To pay by credit card call (973) 729-5493

Classes

1 Class Sessions

| | | |
|-------------|-------|------|
| Members | | \$25 |
| Non-Members | | \$30 |

4 Class Sessions

| | | |
|-------------|-------|-------|
| Members | | \$80 |
| Non-Members | | \$100 |

6 Class Sessions

| | | |
|-------------|-------|-------|
| Members | | \$120 |
| Non-Members | | \$150 |

8 Class Sessions

| | | |
|-------------|-------|-------|
| Members | | \$160 |
| Non-Members | | \$200 |

(Note: 8 class sessions fees may be divided into 2 equal payments)

Lectures and Special Events:

| | | |
|-------------|-------|------|
| Members | | \$25 |
| Non-Members | | \$30 |

Regular Psychic Fair Readings:

| | | |
|-------------|-------|------|
| Members | | \$20 |
| Non-Members | | \$25 |

Workshops

1/2 Day In-House Workshops

| | | |
|-------------|-------|------|
| Members: | | \$60 |
| Non-Members | | \$80 |

Full Day In-House Workshops

| | | |
|-------------|-------|-------|
| Members | | \$120 |
| Non-Members | | \$160 |

Ministerial Staff & Committees

Ministerial Staff

- Director Rev. Kathy M. Kerston
- Assistant Director . Rev. Anna Marie Ludwig
- Rev. Norma Victor
- Rev. Christina Fritsch
- Rev. Thony Innocent
- Rev. Susan Cahill
- Rev. John Drinkard
- Rev. Juan Villagran
- Rev. Kathy Munroe
- Rev. Karen Slember (FL)

Executive Board

- President Rev. Christina Fritsch
- Vice President Lynette Kelly
- Treasurer Elizabeth Gonter
- Secretary Elaine Madsen
- Trustees Helen Buckley
- Mark Frantz
- Catherine DiGerlando
- Nick Terpstra
- Andrew Knapp

Committees & Chairpersons

- Book Store Jeanne Chase
- Building Fund Claire Groeber-Solomon
- Building and Grounds Mark Frantz
- Flowers Elaine Engelsman
- Healing Terence Mulligan
- Hospitality Catherine DiGerlando
- Ministerial Students Rev. Norma Victor
- Membership Betty Gonter
- Marketing & Publicity Tanya Bischoff
- Outreach Ed Fritsch
- Psychic Fairs Catherine Bullen
- Publications Rev. Susan Cahill
- Web Brochure Design Dale Anderson
- Sunshine Rev. Susan Cahill
- Ushers Nick Terpstra
- Volunteers Rev. Norma Victor
- Website Bob Victor

Spiritual and Religious Needs

The Institute seeks to serve the complete individual, and the whole community, for from this will come the hopes and ideals for a better world. We desire to live together in such affection as will allow us to express our individuality without being threatened by our differences.

The Institute is the center of our life together, weaving the strands of ourselves into a pattern, a design, a meaning, uniting us as companions on the journey, helping us in the pilgrimage to spiritual awareness.

The Institute facilities and Ministerial Staff are available for all of your spiritual and religious needs, including Weddings, Baptisms and Christenings, Funeral and Memorial Services, and Spiritual Counseling and Healing.

Membership



Membership is open to all who aspire to the path of self-realization and wish to share their spiritual progress with the company of supportive and like-minded individuals. Please discuss your interest in becoming a part of our vital spiritual community with a member of the Ministerial Staff. The yearly membership fee is \$30 per individual and \$40 per family

Education

Dedicating itself to the highest standards of achievement, knowledge, and service, the Institute for Spiritual Development recognizes the need for thorough education of its ministers and congregation. All are invited to study within the context of a viable and dynamic education system. To those called to the level of Holy Orders, the Institute offers a vigorous and extensive pursuit for spiritual and intellectual excellence.

The Institute Education Program presents a wide variety of classes, workshops, seminars, and learning experiences to stimulate spiritual growth and personal development.

What's the best way to keep up with events at ISD?
Check the website often and sign up for email alerts!
www.isdsparta.org



ISD
Gift & Book Store

The Inner Journey at ISD
A Metaphysical Gift and Book Store

Located in the Holistic Center at ISD
15 Sparta Avenue, Sparta, NJ

Books . . . Music . . . Jewelry . . . Candles
Sage . . . Incense . . . Soaps . . . Art
Hand Made Stick Altars and Cactus Gem Baskets
Pendulums . . . Oracle Cards
And Much More!

Store Hours:

Saturday – 11:30 am to 4:30 pm
Sundays After Service Until 1:00 pm
During Friday Night Psychic Fairs

Psychics are available through the gift shop
by appointment only.

For more information or to schedule a reading, call

973-551-5300

Check the website often and sign up for e-mail alerts!

www.isdsparta.org

