



*Winter  
2019  
Brochure*

*January,  
February,  
March*

# *Institute for Spiritual Development*

*"A Church & Holistic Center  
For Metaphysical Living"*

**15 Sparta Avenue, Sparta, NJ  
(973) 551-5300\*  
[www.isdsparta.org](http://www.isdsparta.org)**

## **Services**

You are invited to join us each Sunday morning  
at 10:30 am in a Service of Celebration.

The service are centered on God's  
most precious gifts to us  
and our greatest gifts to one another  
– Love and Understanding.

We invite you to take the opportunity to express and  
experience a sense of the Infinite Presence within yourself  
in an atmosphere of love, friendship,  
understanding, and support.

## **National Headquarters**

### **Institute for Spiritual Development**

5611 NE 16th Ave.,  
Fort Lauderdale, Florida 33338  
Reverend James De Biasio, Spiritual Advisor  
954-229-0758

## **Other Institute for Development Locations**

5419 Sherier Place NW,  
Washington, DC 20016  
Reverend Rob Banaszak, Director  
202-363-7106

170 Main Street, (Masonic Lodge #93)  
Madison, NJ 07940  
Reverend Diana Flanagan, Director  
Reverend Ray Brennan  
973-437-4370

41-45 Dietz St., Suite#1  
Oneonta, NY  
Reverends Diana Friedell and Sue Langdon, Directors  
(607) 386-0849

# About the Institute

The Institute is a non-profit organization, dedicated to the service of your growing awareness and to fostering an environment in which each individual may be stimulated to pursue his or her own true spiritual unfoldment, uninhibited by dogmatic concerns. To arouse a process of joyous living, creative genius, cooperation, health, prosperity, and universal service is to arouse the spiritual heart of the organization.

Believing that the search for your truth embodies a personal examination of all philosophies and religions, the Institute Experience seeks to provide the focal point for that search and a nurturing environment in which the evolution of your spiritual progression may be realized.

Offering a wide variety of growth experiences, the Institute and its well-trained professional staff provide the fulcrum where each may endeavor to explore and express the Truth as he or she understands it. The on-going and comprehensive series of study and development experiences in esoteric, metaphysical, occult, healing and personal growth are augmented by the spiritual fellowship, guidance and shared experiences which are available.

Needing only an openness to Truth, the seeker is then encouraged to pursue the expansion of awareness of his or her inner self through service, and to unfold in the arms of love the potential for perfection that lies awaiting within.

A Church for Metaphysical Living, the Institute seeks to provide a common ground in which souls passionate to grow may resolve the differences of mind and experience which appear to separate us and grow by sharing, in joy as well as in pain. The Institute is a shelter to nurture the best that is within us, a proving ground of our resolve, a place of peace, and hope, and light, and comfort, of work, of rest, of spiritual growth, of enlightenment.

Thus, with love do we greet you, and with hope do we grow with you . . . not by the efforts of one or a few, but by the energy of all.

*Reverend James E. De Biasio,  
Spiritual Advisor*

*Institute For Spiritual Development - Sparta  
Director and Spiritual Advisor, Kathy Kerston*



## Special Events

### The Season Of Change Astrology Forecast for 2019 Sunday, January 6 at 12:30 PM

Speaker: Rev. Kathy Kerston

Once again, it's time to look astrologically into the year ahead. Our own International Astrologer, Reverend Kathy Kerston, gives us a look at the possibilities presenting themselves in our astrological future.

**Mark your calendar. This annual lecture is always a wonderfully informative event**

**and is not to be missed. You owe it to yourself to find out how the forecast will affect YOU!**



**\$20.00** per person – all proceeds to benefit ISD

### New Moon Ceremony Monday, February 4, at 7:30 PM

Led by Rev. Thony Innocent



The new moon occurs when the moon is positioned between the earth and sun, and the entire illuminated portion of the moon is on the half that is not visible from earth. The new moon is special, for it is a time to enfold into your true self, to merge with your spiritual source, to remember who you are, to receive guidance for the way ahead, and to rest before the next cycle of happenings. As a symbolic portal for new beginnings, the

new moon is the perfect time to set intentions for what you want to create, cultivate and manifest. It is a tabula rasa on which to write down your dreams.

Rev. Thony Innocent leads this very powerful New Moon Ceremony, blending the ancient ways with the many other spiritual pathways he has explored as a serious student of metaphysics.

**Members: \$25**  
**Non-members \$30**

## Workshop

### CLEARING THE FEAR GATES AND MORE

**Sunday, February 10, 12:30-3:30 PM**

Facilitator: Rev. Kathy Kerston

Do this for yourself and others. You can print out Human Design charts for your friends or loved ones and bring them to the workshop. Download the free program: <https://humandesignforall.com/fre> e-software. Remember to enter the birth information as: DAY-MONTH-YEAR-TIME (24 hours).

Learn the important guidelines to

guard your health and wellbeing. Learn how to use the chart as a focus to manifest the best in your life.



***It's time to use the tools!***

**Members: \$60**  
**Non-members \$80**

## Saturday Evening Movies

Facilitator: Vincent Pellegrino

### **THE SHACK**

**Saturday, January 12, at 6:00 PM**



The movie has inspiring messages about everything from seeking help and counsel to processing grief in a healthy way to understanding the power of forgiveness. And GOD'S role in our lives!

### **A DOG'S PURPOSE**

**Saturday, March 9, at 6:00 PM**

Follow Bailey's journey through COMPANIONSHIP, LOYALTY and UNCONDITIONAL LOVE.

If you have ever had a pet, then you know!



You are invited to join us after both movies for a discussion.

**ADMISSION to Each Film: \$5.00 LOVE DONATION to ISD**

## Classes

### ACCESSING THE QUANTUM FIELD

***Mondays, January 7, 14, 21, 28***

*Instructors: Lucia Cochran and Cathy McCall*

This course will dive into the depths of mediumship vs. psychic abilities. The quantum field is filled with pure potential for us to create in our lives, as well as acquire the information that we allow to flow through us as a pure channel of this knowledge. It is available to all of us all of the time and we can access/connect to it in different ways.

Your life is a reflection of your frequency. When we connect to the field of pure potentiality, it keeps our frequency high and we will attract a life at that frequency. Ex: Love, Gratitude, abundance, peace, joy, etc.

Cathy and Lucia will be sharing in

this 4 week course different ways in which they connect to this field of infinite information and help you tap into your God given power. Your "I am" presence is waiting to be unleashed.

Join us in this journey of exploring, meeting your divine team and how to work with them when tapping into the field. Once you accomplish this, your spiritual senses will lead the way. You will find your mediumship/psychic abilities sharpening at a whole new level. See you there!

**Members: \$80**  
**Non-members \$100**

### *More-Than-Psychic Fairs*

**Fridays, January 25 and February 22**

**7:00 PM – 10:00 PM**

**Mediumship – Psychic – Tarot**

Whatever your preference—we have talented mediums, psychics, and tarot readers available on these evenings. Or get readings in more than one discipline! The fee for each fifteen minute reading is **\$20.00 for members and \$25.00 for non-members.**

**Final appointment bookings are for 9:30 PM.**

*(All readings are for your entertainment only.)*

## Special ISD Announcements

### IMPORTANT NOTICE FOR ALL ISD CONGREGANTS!!!

January is the month to renew your annual membership for the 2019 calendar year, and many people are unaware that their membership has lapsed.

Membership in the Institute offers many benefits. It increases your sense of having found a true spiritual home, it enriches your appreciation of fellowship with like-minded individuals, it enables you to participate in a myriad of classes and activities designed to help you expand your awareness and enrich your spiritual evolverment, and it affords you voice and vote at the ISD Annual Convention.

It is also absolutely vital that all ISD volunteers be CURRENT MEMBERS. You MUST be a member to be covered by ISD's insurance policy when you serve as an usher or message bearer during Sunday service, read at the psychic fairs, serve as a board member, or heal at Sunday services or at the Wednesday evening healing circle. If you are not sure of your current membership status, please check with membership chairperson, Betty Gonter, or with our Assistant Director, Rev. Anna Marie Ludwig.

## ISD Annual Convention

***Sunday, January 20 at 12:30 PM***

***(Snow date: January 27)***

**Voice and vote at the Convention will be accorded to all those who have been members in good standing for at least ninety days prior to the Convention.**

**Your attendance is valued.**

## Classes

### Shamanic Drumming and Journey Circle *Thursdays, February 21, and March 21 at 7:30 PM*

*Led by Joshua Zoppi*

Shamanism is the oldest spiritual tradition known to humanity. To the Shaman's eyes, the world around us is alive with Spirit. Learn to see with the Shaman's eyes, to explore the hidden worlds and to access the timeless wisdom known to our ancestors. Come and discover how Shamans helped their people live in harmony with the universe for thousands of years.

The drum is the heartbeat of Mother Earth. Come join us as we ride our drums into the Spirit World in search of healing, knowledge and power. Experience the Shamanic State of Consciousness and expand your spiritual awareness. Bring back

healing and restore your power where it has been lost. Establish a direct connection to the Spirit World, the center point of a lifelong personal Shamanic practice.



***Bring a blanket, blindfold, and notebook for the journey. If you have a drum or rattle, bring it along. They are not required.***

**Members: \$25**  
**Non-members \$30**

### *Message Circle*

***Thursday, February 28, at 7:30***

ISD Psychics and Mediums

If you always hope to get a message during Sunday Service, this is the evening for you! Lots and lots of messages. In fact, everyone attending gets messages from several readers.

**Members: \$25.00**

**Non-members: \$30.00**



## Classes

### FROM PSYCHIC TO MEDIUM

**Tuesdays, February 12, 19, 26; March 5, 12, 19**

**7:30 – 9:30 PM**

*Instructor: Garry Gewant*

This 6-week class is designed to expand upon what you have learned in basic, intermediate and advanced psychic development classes. Although this class does have a lecture component, you will participate in mediumship exercises to push you out of your comfort zone to learn from your guides.

Even if you have taken many psychic development classes or are a "working" psychic or medium, you know that you can never have enough practice. This class is designed to give those who are com-

fortable with their current level of psychic connections to the next level; to the connection with the spirit world and those energies in spirit who assist us in our life in the physical world.

**PREREQUISITE:** Participants must be comfortable with their own development and strengths as psychics and energy healers and have an understanding of the areas they want to improve upon.

**Members: \$120**

**Non-members \$150**

### Volunteer Opportunities!

Each Sunday we have treats for the congregation in our hospitality area. If you would like to contribute on occasion, please speak with Catherine DiGerlando.

Ushers are needed for Sunday service. If you are interested in

being an usher, please speak with Nick Terpstra.

Volunteer sales associates are needed in the gift shop for Saturdays and Sundays. If you would like to help, please see Rev. Anna Marie Ludwig.

### Psychic – Tarot – Mediumship – Astrology!

Now you can schedule a private 30-minute reading immediately after **Sunday service** with one of the ISD ministers who have been on the platform that day!

A minister will be available for a maximum of two half-hour readings. *It's easy – just go to the bookstore after service to schedule a reading!*

**Fee: Members \$50; Non-members \$60**

## Workshop

### Trauma, Treatment and Wholeness

**Sunday, February 17, at 1:00 PM**

*Facilitator: Rev. John Drinkard*

Most of us have been subjected to some form of trauma. We are all wounded. Trauma is a penetrating wound that separates us from our sense of self and causes us to feel personally defective, inadequate, or unworthy. The audience for this workshop is: veterans, fire, police, first responders, survivors of sexual assault, violent crime, accidents, natural disasters, domestic violence, abuse, neglect, addiction, and burn-out. Also, people who have experienced the loss of personal health or a loved one's health, the death of a loved one, betrayal by a significant other, families of the traumatized, personal and professional caregivers.

When we experience a traumatic event, it gets stuck in our bodies; and whenever we replay that event, it causes stress in our bodies and in our lives. Many times we can't even remember these events, but because the emotions associated with them are trapped in our bodies, they can

cause disturbances in our lives and in our health. Since trauma is stored in our bodies we need to address the mind body connection to return to wholeness. Talk therapy alone will not restore us to health. We need to integrate the mind and body with practices like embodied meditation, body awareness and EFT (tapping) to insure success in trauma treatment.



In this hands on workshop we will explore embodied meditation, body awareness and tapping. We will create a safe haven so wounded people can learn to love, forgive, and trust themselves to navigate in the world again.

Come join us for an extraordinary afternoon of welcoming home the disenfranchised parts of ourselves that we previously banished into unconsciousness.

**Members:           \$60**  
**Non-members     \$80**

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### Sunshine Committee ISD Ministers need your help!

The Institute would like to respond to your spiritual needs in time of illness, accident, or the passing of a loved one into spirit. To do this, we need your help. Please inform any one of the ministers about events of this nature in your life, or in the life of another member of our church, as soon as possible.

## Special Events

### A Course in Miracles Discussion Group

Second and Fourth Sundays of Each Month after Sunday Service

Facilitator: John Smallman

***"Nothing real can be threatened. Nothing unreal exists.***

***Herein lies the peace of God."***

A Course in Miracles is a universal thought system that teaches the way to love and inner peace through forgiveness. Throughout the world, there are thousands of study groups dedicated to its philosophy. From 2009 until October of this year, John Smallman was the anchor person for a Woodstock, NH, Course in Miracles discussion group. We are

very fortunate that he is available to facilitate this ISD Sparta group.

Join John and a group of like-minded individuals for an uplifting and inspiring journey to peace through A Course in Miracles . . .  
*"for everything is a lesson that God would have me learn."*

**Fee: \$5 donation**

### Spring Equinox Celebration Thursday, March 21 at 7:30 PM

Leader: Rev. Thony Innocent

The spring equinox opens the veil between the physical and the spiritual so that a resurrection in our lives can be inaugurated. The keynote of this season is creation. It is the drive to move our lives upward, like a seed pushing forth out of the earth into the air. The spring is the time when the creative powers we have been nurturing through the winter can be expressed to initiate a new world of opportunities for ourselves. There is a fresh outburst of exuberant life, and it holds many opportunities for those who align with its rhythms and forces:

- It is an excellent time to initiate a new order within one's life.
- It is an ideal time for a burning out of

the old so that the new seeds have room to sprout and be given new expression, thus exemplifying one of the hidden significances in the Christ teaching: "Do not put new wine into old skins."

- It is also time in which the veil between the physical and the spiritual is thinned, easing opportunities to access and invoke dynamic spiritual energy into one's life.
- It is an excellent time to invoke energy that will assist you in making things new within all areas of your life.
- It is a time for awakening new teachers upon the earth plane.

**Members: \$25**

**Non-members \$30**

## Special Events

# Special Saturday Psychic Fair

**March 16, 11:00 AM to 3:00 PM**

## Mediumship – Psychic – Tarot – Healing

ISD's talented mediums, psychics, and tarot readers  
will be available for readings.

Or get readings in more than one discipline!

The fee for each fifteen minute reading is

**\$20.00 for members**

and **\$25.00 for non-members.**

*Final appointment bookings are for 2:30 PM.*

## WATCH FOR IT!

CREATING YOUR OWN PERSONAL BLEND OF ESSENTIAL OILS  
WITH DANIELLE DAGATA



On certain fortuitous Sundays, Danielle Dagata will be available after service in the gift shop! For a nominal fee, she will create a roller bottle blend of ESSENTIAL OILS for you and show you how you can purchase your own oils and bottles and create other blends for yourself and your family.

Essential Oil blends can be based on your astrology chart, on your personal needs or on the iTOVi Scanner, which uses galvanic skin response technology and provides customers with individualized information when they choose nutritional products, oils and supplements.

## On-Going

### Healing Circle Wednesdays at 7:30 P.M.

*Led by Terence Mulligan*

Join us. Our healing circle is an island of peace and spiritual recovery in the middle of the week. Experience meditation, distance healing for far-away family and friends, laying-on-of-hands for yourself from multiple ISD healing practitioners.

You may find a lessening of stress, fear, pain, loneliness – or get a boost of energy or clarification of mind. Friendly discussion afterward.

A Love Donation of \$5 is appreciated.

### Reiki Share Second and Fourth Sundays of Each Month

*Led by Careen McDonald and Helen Buckley*

The purpose of Reiki Share is to give and receive in a casual atmosphere of friendship, honor, positive energy and devotion. All are invited; only those attuned to reiki will engage in healing.

Join us the second and fourth Sunday of each month after service from 12:30 to 1:30 PM for reiki healing, discussion, and a closing affirmation.

**\$5.00 Love Donation**

### Free Wellness Lectures February 3 and March 17 after Sunday Service

Topics will be posted on ISD's website.  
Are you on our mailing list to be notified?

**Psychic – Tarot – Mediumship**  
Schedule private readings!  
Readers are available through the gift shop on weekdays and Saturdays by appointment only.  
Just call 973-551-5300.

## Brochure Sponsors



Christina Fritsch, M.A., L.P.C.  
Psychotherapist

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## Fee Schedules and Class/Workshop Policies

### Class/Workshop Policies

\*Please read through our policies before signing up for a class.  
Register early, as class size is limited.

\*Payment for classes or workshops must be made in full **AT LEAST ONE WEEK IN ADVANCE** to ensure your spot. Send a self-addressed, stamped envelope if paying through mail. You can also pay in the bookstore or over the phone (973-729-5493) using your credit card.

\*We reserve the right to cancel any class or workshop when fewer than the designated minimum number of stu-

dents register one week prior to the class date. If you have paid for a class that we cancel, you will receive a **FULL REFUND/CREDIT**. Refunds for class or workshop fees are only made if the class is cancelled by us or if you cancel **NO LESS THAN ONE WEEK** prior to class date. We cannot be held responsible for changes in personal circumstances that prevent your participation.

### Fee Schedule

All classes and workshops **MUST** be prepaid.  
To pay by credit card call (973) 729-5493

#### Classes

##### 1 Class Sessions

Members .....	\$25
Non-Members .....	\$30

##### 4 Class Sessions

Members .....	\$80
Non-Members .....	\$100

##### 6 Class Sessions

Members .....	\$120
Non-Members .....	\$150

##### 8 Class Sessions

Members .....	\$160
Non-Members .....	\$200

*(Note: 8 class sessions fees may be divided into 2 equal payments)*

#### Lectures and Special Events:

Members .....	\$25
Non-Members .....	\$30

#### Regular Psychic Fair Readings:

Members .....	\$20
Non-Members .....	\$25

#### Workshops

##### 1/2 Day In-House Workshops

Members: .....	\$60
Non-Members .....	\$80

##### Full Day In-House Workshops

Members .....	\$120
Non-Members .....	\$160



## Ministerial Staff & Committees

### Ministerial Staff

Director . . . . .	Rev. Kathy M. Kerston
Assistant Director . . . . .	Rev. Anna Marie Ludwig
. . . . .	Rev. Norma Victor
. . . . .	Rev. Christina Fritsch
. . . . .	Rev. Thony Innocent
. . . . .	Rev. Susan Cahill
. . . . .	Rev. John Drinkard
. . . . .	Rev. Juan Villagran
. . . . .	Rev. Pennie Roland (TN)
. . . . .	Rev. Karen Slember (FL)

### Executive Board

President . . . . .	Catherine DiGerlando
Vice President . . . . .	Andrew Knapp
Treasurer . . . . .	Betty Gonter
Secretary . . . . .	Elaine Madsen
Trustees . . . . .	Mark Frantz
. . . . .	Nick Terpstra
. . . . .	Mark Stetzel
. . . . .	Caren McDonald
. . . . .	Maryanne Spence

### Committees & Chairpersons

Book Store . . . . .	Rev. Anna Marie Ludwig
Building Fund . . . . .	Betty Gonter
Building and Grounds . . . . .	Mark Frantz
Flowers . . . . .	Mark Stetzel
Healing . . . . .	Terence Mulligan
Hospitality . . . . .	Catherine DiGerlando
Ministerial Students . . . . .	Rev. Norma Victor
Membership . . . . .	Betty Gonter
Marketing & Publicity . . . . .	Tanya Bischoff
. . . . .	and Andrew Knapp
Outreach . . . . .	Rev. John Drinkard
Psychic Fairs . . . . .	Andrew Knaap and
. . . . .	Elaine Madsen
Publications . . . . .	Rev. Susan Cahill
Web Brochure Design . . . . .	Dale Anderson
Sunshine . . . . .	Ministerial Staff
Ushers . . . . .	Nick Terpstra
Volunteers . . . . .	Rev. Norma Victor
Website . . . . .	Bob Victor

*What's the best way to keep up  
with events at ISD?*

*Check the website often and sign  
up for email alerts!*

### Spiritual and Religious Needs

The Institute seeks to serve the complete individual, and the whole community, for from this will come the hopes and ideals for a better world. We desire to live together in such affection as will allow us to express our individuality without being threatened by our differences.

The Institute is the center of our life together, weaving the strands of ourselves into a pattern, a design, a meaning, uniting us as companions on the journey, helping us in the pilgrimage to spiritual awareness.

The Institute facilities and Ministerial Staff are available for all of your spiritual and religious needs, including Weddings, Baptisms and Christenings, Funeral and Memorial Services, and Spiritual Counseling and Healing.

### Membership

Membership is open to all who aspire to the path of self-realization and wish to share their spiritual progress with the company of supportive and like-minded individuals.

Please discuss your interest in becoming a part of our vital spiritual community with a member of the Ministerial Staff. The yearly membership fee is \$30 per individual and \$40 per family

### Education

Dedicating itself to the highest standards of achievement, knowledge, and service, the Institute for Spiritual Development recognizes the need for thorough education of its ministers and congregation. All are invited to study within the context of a viable and dynamic education system. To those called to the level of Holy Orders, the Institute offers a vigorous and extensive pursuit for spiritual and intellectual excellence.

The Institute Education Program presents a wide variety of classes, workshops, seminars, and learning experiences to stimulate spiritual growth and personal development.

## Calendar of Events

### January

2	7:30 PM	Healing Circle*
3	7:30 PM	Closed Development Circle*
6	12:30 PM	Astrology Forecast
7	7:30 PM	Accessing the Quantum Field*
12	1:00 PM	Movie
13	1:00 PM	A Course in Miracles*
13	1:00 PM	Reiki Share*
20	12:30 PM	Annual Convention
21	12:30 PM	Conversations on Death and Dying*
25	7:00 PM	Psychic Fair
27	12:30 PM	Annual Convention Snow Date

### February

3	1:00 PM	Wellness Lecture
4	7:30 PM	New Moon Ceremony
6	7:30 PM	Healing Circle*
10	1:00 PM	A Course in Miracles*
10	1:00 PM	Reiki Share*
10	1:00 PM	Clearing the Fear Gates and More
12	7:30 PM	Psychic to Medium*
17	7:30 PM	Trauma, Treatment and Wholeness
21	7:30 PM	Shamanic Drumming Circle*
22	7:30 PM	Psychic Fair
28	7:30 PM	Message Circle

### March

6	7:30 PM	Healing Circle*
9	7:30 PM	Movie
10	1:00 PM	A Course in Miracles*
10	1:00 PM	Reiki Share*
16	11:00 AM	Saturday Psychic Fair
17	12:30 PM	Wellness Lecture
21	7:30 PM	Shamanic Drumming Circle*
21	7:30 PM	Spring Equinox
29	7:30 PM	Psychic Fair

\* Denotes the first class or event of a series.



# ISD Gift Store

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*For more information or to schedule a reading, call*

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**What's the best way to keep up with ISD events?**

**Check the website often:**

**[www.isdsparta.org](http://www.isdsparta.org)**

**Sign up for e-mail alerts!**

